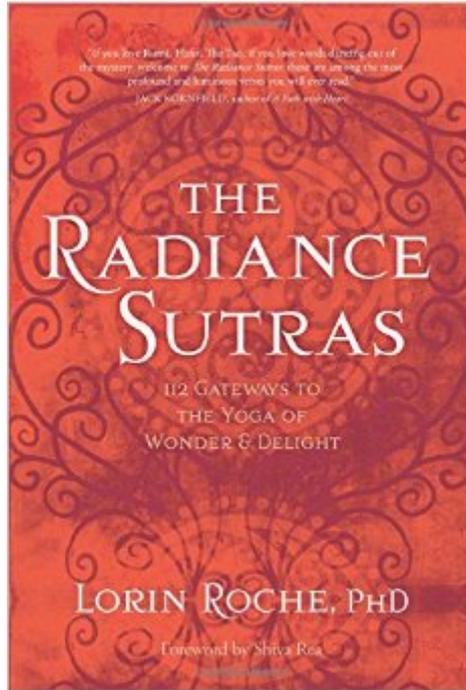


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The Radiance Sutras: 112 Gateways To The Yoga Of Wonder And Delight (English And Sanskrit Edition)



Synopsis

The gateways to wonder and delight are flung open wide for all to enter. At once a beautiful love song and an encyclopedia of yogic techniques, the cherished text known as the Vijnana Bhairava Tantra shimmers with new effulgence in Lorin Roche's The Radiance Sutras. Lorin brings us his unique perspective on each of 112 Sanskrit teachings, along with his one-of-a-kind guidance in how to meditate with, embody, and practice them—what he describes as "answering the call of the sutras you love." Here is an invitation to experience directly the ecstatic depths of yoga as revealed by the divine partners Shiva and Shakti, through an intimate exploration of: The divinity that is permeating your body at this very moment The alchemical power of Sanskrit Yoga meditation—harmonizing all the elements and levels of your being The depths of your connection to the energies of life Taken as a whole, this teaching is startling in its breadth and the huge range of human experience that it encompasses. This is a book to savor one phrase at a time, over a period of days or years or a lifetime. With The Radiance Sutras, yoga and meditation students everywhere can nurture their own relationship with these living wisdom teachings.

Book Information

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Customer Reviews

This luminous book is one of my most treasured possessions. It's much more than a book. It's a collection of rare and precious gems, each of them a portal into presence, an invitation to experience all aspects of life more fully by connecting with your life force with all your senses. In Lorin Roche's words, the book is about "full body spirituality, being at home in the universe, and

techniques for accepting every breath, sensual experience, and emotion as a doorway into deep and intimate contact with the energies of life."I fell in love with the Radiance Sutras in 2006 during a yoga teacher training with Shiva Rea. We were lying down in a deeply relaxed state at the end of class, when she started reading sutra 26 to us. I got mesmerized both by the slow rhythm and sensual tone of her voice, and by the sheer beauty of that sutra which opens with these lines:"The one who is at play everywhere said:There is a place in the heart where everything meets.Go there if you want to find me.Mind, soul, senses, eternity, all are there.Are you there?"And all of a sudden, I was! Since then, I have learned many of these sutras by heart. I love what happens to me whenever I spend time reading or reciting them. Each sutra is an invitation to enter the body fully and let the deepening of that connection naturally expand one's sense of self beyond the boundaries of skin, and the constrictions of identity and personality. They keep giving me opportunities to feel and experience my inner body and subtle energy while moving through life, walking, playing, working, and dealing with day-to-day curve balls. They have literally changed the way I experience `reality.

The Radiance Sutras is a book by Lorin Roche, published by Sounds True. It consists of poems inspired by a sacred scripture of the Kaula Trika branch of Ā aiva Tantra, a scripture called the VijĀ Āna-bhairava-tantra or "Scripture of the Wisdom-Bhairava". Unfortunately, people here are assuming that the English poems in the book are translations of the Sanskrit verses that they are juxtaposed with. In fact, they are not translations, but rather poetry inspired by translations, since the author of the book cannot read the original Sanskrit. This is not a problem (and indeed many of the poems are beautiful) except for the fact that unlike Coleman Barks he nowhere admits that he knows nothing of the rules of Sanskrit grammar (vyĀ•karana), and the reader is not informed in the introduction that the English text is not a translation of the Sanskrit verses it is presented alongside! This strikes me as a lack of integrity on the part of the author and/or publisher.You can see for yourself by comparing Roche's poems to my literal translations of a few of the verses:The Goddess said: â œO Lord, I have heard the entire teaching of the Trika that has arisen from our union, in scriptures of ever greater essentiality, but my doubts have not yet dissolved. What is the true nature [of Reality], O Lord?" (vv. 1-2). . ."O god of gods whose symbol is the trident and whose ornaments are made from human skulls, answer me this in such a way that I can completely understand it:How is this state of absolute fullness of God--beyond space, time, and locality, impossible to represent conceptually--attained? By what means can one enter into it? And how does the Supreme Goddess (ParĀ• DevĀ•) become that [entryway], O Bhairava?" vv.

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